



# CHRIST AND THE EPIPHANY

VOLUME 23

MARCH 2019

## Upcoming Events

**Sunday, March 3**, following the 10:00 a.m. service, Pancake & Ham Brunch, annual Pancake Tossing Contest  
**Saturday, March 9**, 12:00 a.m., daylight savings time! Adjust your clocks and watches one hour ahead  
**Saturday, April 13**, 9:00 a.m. - 3:00 p.m. Tag Sale, now accepting applications  
**Sunday, May 5**, 3:00 p.m., Good Shepherd Thrift Store Spring Fashion Show

## Lenten and Easter Services

**Sunday, March 3**, 10:00 a.m., Blessing of Alb, Cincture and Altar Linens  
**Wednesday, March 6**, 6:30 p.m., Ash Wednesday Service  
**Sundays, March 10 through April 7**, 8:00 and 10:00 a.m., enter in silence  
**Palm Sunday, April 14**, 9:00 a.m., **ONE COMBINED SERVICE**, blessing and distribution of the Palms from the Green, weather permitting  
**Maundy Thursday, April 18**, 6:30 p.m., washing of hands, Altar Guild will strip the altar, all depart in silence  
**Good Friday, April 19**, 3:00 p.m., Way of the Cross, 6:30 p.m. Liturgy and Veneration of the Cross  
**Easter Sunday, April 21**, 9:00 a.m., **ONE COMBINED SERVICE**

## Missional Priest

Father Charles Kamano

### Pastoral Prayer for Scouts, Scout Sunday, February 10, 2019

Almighty God, creator of us all; grant us the patience to wait and listen to your voice. Help us not to seek the answers in the silence of prayer, but rather let your thoughts, God, travel to us and through us as we dare to ascend your mountain of law, your holy hill of truth. O God, how thankful we are that you have come into our lives through the Holy Spirit. You know, Lord, that we're not perfect, that we want to improve. Show us where we can. We pray today for God's children, all the children of

the world. May they find peace and love in their families and schools and learn the love of Jesus Christ for each and every one of them through our lives as we interact with them on a daily basis. We also pray for our young people, who are seeking a cause, which is worthy of their life's commitment, and a leader who is deserving of their devotion. We know that our youth must deal with a host of options. So, we pray that they may choose Jesus Christ. We pray you will be with our Scouts as they continue to follow the Scout law and work toward being trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent.



## Church Life in Photos

Scout Sunday,  
February 10  
with Troup 408



## Lenten Bible Study

Wendy Bellmore

Lenten Bible Study this year will continue with our exploration of the man, Jesus. We don't want to simply come to a weekly lesson. We ask that we all come prepared to **take off our shoes, put on our sandals, and walk alongside Jesus** as he struggles to complete his ministry on earth, to read, enact and share our understanding of his sacrifice.

Our study guide is as follows:

March 10: What are the Synoptic Gospels? How are they different from the Book of John?

March 17: Matthew: Jesus is sent to fulfill the Old Testament prophecy.

March 24: Mark: Jesus is the Servant-Messiah, the Son of God who died as a ransom for sinners.

March 31: Luke: Jesus is the Messiah and Lord whose life, death, and resurrection makes salvation available to all people.

April 7: Bringing it all together with John: Jesus is the Word, the Incarnate Son of God who is come to reveal the Father and bring eternal life to all who believe in him.

April 14 and 21, Palm Sunday and Easter Sunday, no class, **one combined service at 9:00 a.m.**

## Outreach and Mission Collections

The money given on the first Sunday of each month is for

Global Mission. An example would be our mission efforts in Nigeria.

The change put in the jars in the church and chapel are for local outreach. An example would be Life Haven in Fair Haven; a shelter for women and children.

Both funds are generally distributed at the end of each year. For any questions please see Barbara Parsons or Wendy Bellmore.

## Episcopal Church in Connecticut (ECCT)

### Spring Training

Everyone is invited to join Episcopalians from across Connecticut for a day of fellowship, learning, prayer and fun, Saturday, April 27 from 9:00 a.m. - 4:00 p.m. at Berlin High School, 139 Patterson Way, Berlin, CT. Workshop categories include Christian Formation; Communication; Connecting & Collaborating; Essential Parish Operations; Leadership; Pastoral Care; Season of Racial Healing, Justice & Reconciliation; Social Justice & Advocacy; Spiritual Practices; Stewardship and Worship. Register for three workshops, each seventy-five minutes. Early registration (until March 31) is \$15.00. Register on the website: [www.episcopalct.org/spring-training](http://www.episcopalct.org/spring-training) or contact Diane Rowley, our administrator, for assistance. There is a carpool signup sheet on the main bulletin board in the Great Hall.

**Letter from the Bishops of ECCT** (this is an excerpt; the entire text is posted on the main bulletin board in the Great Hall)

Dear Companions in Christ,

We write to you to inform you of temporary changes to the clergy disciplinary canons regarding sexual misconduct as enacted by our 2018 General Convention, and to invite you to consider coming forward if you have experienced, witnessed, or learned of clergy sexual misconduct in our church.

The General Convention decided that from January 1, 2019 until December 31, 2021, anyone who has been affected, directly or indirectly, by sexual misconduct at any time in the past by a person ordained in The Episcopal Church can initiate disciplinary action against the member of the clergy who engaged in the misconduct.

All sexual misconduct and gender-based violence, whether perpetrated by clergy or laity is sinful; it disrespects others, erodes right-relationship with others and God, and tears at the body of Christ. If you have experienced, witnessed, or learned of sexual misconduct by a member of the clergy, please contact one of ECCT's Intake Officers. If you have concerns about sexual misconduct by laity, please bring it to the attention of a member of the clergy or to the lay leadership of your faith community.

If you have any questions about the information in this letter, please feel free to contact us and/or Robin

Hammeal-Urban, Canon for Mission Integrity and Training for the Episcopal Church in Connecticut who can be reached

at: [rurban@episcopalct.org](mailto:rurban@episcopalct.org).

Thank you for your attention to these serious matters. Please share this information in your parish and beyond. We pray that, working together, the Body of Christ can become a safe and blessed community where we are genuinely restored to unity with God and each other in Christ.

The Rt. Rev. Ian T. Douglas,  
Bishop Diocesan

The Rt. Rev. Laura J. Aherns,  
Bishop Suffragan



**The Episcopal Church**  
**Lenten Resources**

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving and death; then we rise in hope to life transformed. This Lent, faith communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Life Transformed: The Way of Love in Lent and Easter and other Lenten Resources are available:

[www.episcopalchurch.org](http://www.episcopalchurch.org) in the Public Affairs Office.

## **Donations Wanted for Cystic Fibrosis**

**Charlie Langlan**

Hello my C&E Family,

It is getting to be that time of year again, what time of year you may ask? It is my time of year where I ask for donations in support of Cystic Fibrosis.

**What is Cystic Fibrosis?**

Cystic fibrosis is a progressive, genetic disease that causes persistent lung infections and limits the ability to breathe over time. In people with CF, a defective gene causes a thick, sticky buildup of mucus in the lungs, pancreas, and other organs. In the lungs. The mucus clogs the airways and traps bacteria leading to infections, extensive lung damage, and eventually, respiratory failure. In the 1950s, few children with cystic fibrosis lived to attend elementary school. Today, advances in research and medical treatments have further enhanced and extended life for children and adults with CF. Many people with the disease can now expect to live into their 30s, 40s, and beyond (Great Strides website).

My cousin, Tiffani, lives and powers through this disease, from day to day. I've seen her be at her best, laughing, spending time with family, and not even 24 hours later, hear the news that she's in the hospital due to pneumonia and being treated for pseudomonas. In 2017, my cousin started our Non-Profit Fundraising Organization Tiffani's Teens (TT). Tiffani's Teens also participated in their first Great Strides Walk. Then the following year I joined Tiffani's Teens and became a co-leader. My cousin and I are currently in the process of organizing our annual pasta dinner, which we hold to raise money to find a cure for CF, more information to come about this event.

Tiffani's Teens also participates in is the Great Strides Walk, where we raise money and walk 5k. If you would like to join me and the rest of the team in the walk on June 1<sup>st</sup>, 2019 at Pine Grove School in Avon CT, please contact me with any questions! While we are waiting for the walk the team starts fundraising to reach our team goal of \$3,000. I am asking for YOUR support!! Please make a donation in support of Tiffani's Teens. There are multiple ways to donate: You can make checks payable to 'Cystic Fibrosis Foundation' and then give it to me or you can log onto the following link and follow the directions below.

[https://fightcf.cff.org/site/SPageServer?pagename=143\\_gs\\_landing\\_page](https://fightcf.cff.org/site/SPageServer?pagename=143_gs_landing_page)

1. Click 'Find a Walker'
2. Enter first name 'Charlie', last name 'Langlan'
3. Click blue magnifying glass
4. Click 'Donate Now' and follow on screen prompts
5. For any questions please call me at 203-824-1282 or email [chup624@gmail.com](mailto:chup624@gmail.com)

Thank you,  
Charlie

## Opera Insights Tony Lamberti

### Wagner and Me!

For the first time in six seasons the Metropolitan Opera returns in 2019 with the works of Richard Wagner (1813-1883). A

production of "Der Ring Des Nibelungen" (The Ring Cycle) by acclaimed Director Robert Lepage opens on March 9<sup>th</sup>, followed by performances on March 30<sup>th</sup>, April 13, and closing the Ring Cycle on April 27<sup>th</sup>.

The Metropolitan Opera is also offering two wonderful operas in March. One is a light-hearted opera by Donizetti on March 2<sup>nd</sup> "La Fille Du Regiment" which will be shown at local theatres followed by Verdi's last and final opera based on Shakespeare's "Falstaff". The cast will feature bass baritone Ambrosio Maestri who will sing the title role of Sir John Falstaff.

I will have the pleasure of attending all four operas of the Ring Cycle in New York City. If you like you can certainly enjoy these operas on your local radio broadcasts on WJMJ or WQXR, check your local listings for the times of these broadcasts.

### Opera Quiz

*Question 1: Who was Wotan's favorite daughter?*

A-Mime, B-Flosshilde, C-Brunnhilde

Answer: C

*Question 2: What were the 2 giants names?*

A-Alberich, B-Fasott, C-Loge, D-Fatner

Answer: B, C

*Question 3: Who was Erda?*

A-Wotan's mother, B-Sister of Mime, C-Earth Goddess & Mother of the Three Nuns

Answer: C



March-20 Mary Lou Clark  
March-20 Ian Reynolds  
March-21 Madeline Hubbard  
March-29 Kenneth Dougherty



March-21 Gail & Tom Beck

## Intercessory Prayers

Andrew, Beverly W., Bill Hodge, Carol C., Carol Ude, David, Devin K., Diane, Diane V., Eileen F., Eleanor N., Faith and Family, Father Eddie, Gale, Geneva, Goodfellow Family, Greg T., Helen, Howard G., J.D., Jim C., JoAnn & Victoria, John A., John D., Joseph, Judy DeFeo, June W., Kathrine Burdick, Katrina R., Leah S., Lucas Sundwall, Mark Conti, Marjorie Cowles, Marty, Matt, Melissa D., Rachael, Rich & Judy, Richard, Salvatore D., Tom Z., Vivian S.

To submit names for the Intercessory Prayers list please call or email the church office. Names will be kept on the list for 3 months unless longer time is requested. If a person you have placed on the list recovers in less than 3 months or passes away, please update the church office.

The deadline for the April 2019 issue of the newsletter is **March 20**. If you have contributions for the newsletter, email: newsletter.christandtheepiphany@gmail.com, or for an update to the Birthday or Anniversary list, please call the church office at 203-467-2310. -  
 Charlie Langlan & Susan Shultz, Editors

Treasurer Report:

	JAN	(UNDER)/OVER BUDGET	YTD	(UNDER)/OVER YTD BUDGET
INCOME	\$4,490.81	(\$2,209.19)	\$4,490.81	(\$2,209.19)
EXPENSES	\$10,934.41	\$669.90	\$10,934.41	\$669.90
NET	(\$6,443.60)	\$2,879.09	(\$6,443.60)	\$2,879.09

Notes: Income was down due to timing of some building use and rental income. We expect this to balance out in Feb.

10:00 AM Worship Schedule

	March 3, 2019	March 10, 2019	March 17,2019	March 24, 2019	March 31, 2019
Welcomer	Barbara Parsons	Kristina Langlan	Barbara Parsons	Kristina Langlan	Barbara Parsons
Crucifer					
Chalice Bearer	Kristina Langlan	George Coulombe	Steve Langlan	Ron Blevins	George Coulombe
Lector	Susan Shultz	George Coulombe	Audrey Sundwall	Steve Langlan	Kristina Langlan
Usher	Gail Schappa	Audrey Sundwall	Gail Schappa	Audrey Sundwall	Gail Schappa
Lead Counter	George Coulombe	Astrid Swanson	George Coulombe	Susan Shultz	George Coulombe
Counter	Ron Blevins	Fred Bowden	Sallie Alexander	Kristina Langlan	Susan Shultz